

Speech

This past week in Independent Student Mentorship, I prepared for my presentation about the research that I have done and the interviews I have had. All of my focus was on this speech, which took my focus away from other aspects of this class. Because of this, I was not paying attention to what else was due in upcoming weeks and fell a little behind. To combat this in the future, I will always put due dates on my agenda and keep it constantly with me in order to be sure I see when things are coming up. I always seem to struggle with time management, so it is time that I try some other methods of keeping up with my work.

I also noticed that on my speech, I rushed a little and used the filler word “so.” To fix these issues with my public speaking in the future, I will practice more. I will also time myself every time I practice my speaking so that I can pace myself better on future presentations. I do not want to talk too fast so that my audience cannot keep up, but I do not want to speak so slowly that I lose their attention.